

**PRESSEINFORMATION:**

# SINA NOSSA

## Alforria

**Anabela Ribeiro** – vocals  
**Ivo Guedes** – Portuguese guitar  
**André Kregel** – guitar  
**Adélio Lopes** – accordion  
**André de Cayres** – double bass  
**Jorge Rodrigues** – percussion, vocals  
**Armindo Ribeiro** – piano, vocals

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Seven musicians from North Rhine-Westphalia shared their passion for fado. In 2005, five Portuguese, a Brazilian and a German founded **Sina Nossa** – or in English: our destiny. While fado is the driving force, anyone expecting Sina Nossa to be a classical fado ensemble is in for a surprise because the musicians fuse their musical roots with elements from classical music, jazz, pop and folklore and bring their different musical characters to bear, imbuing the music with their own, inimitable style. The melancholy and world-weariness of the fado are mingled with rhythm, carefree vivacity and *joie de vivre*, but without pathos. This extraordinary ensemble does the rest: in addition to the Portuguese guitar, classical guitars, double bass, piano, accordion and percussion create a natural, spirited and warm-hearted sonority.

It is not by chance that the new album carries the ambiguous title **Alforria**, which can be translated as *release*. In the eponymous opening song of the album, the release into freedom refers to a dying love. But Sina Nossa also makes use of *carte blanche* as a framework for a respectful if somewhat unconventional handling of the fado tradition. While the group started off playing the well-known classics by Amália Rodrigues and Carlos do Carmo, the ensemble now chooses to focus on its own compositions. The soft and sensual voice of Anabela Ribeiro whisks listeners away into a poetic world. In addition to their own texts, the group also sets to music works by Portuguese lyricists including Fernando Pessoa's poem *Cansa sentir quando se pensa* (*It is so tiring to think and feel at the same time*).

For songs like *Há um sorriso na lua* (*The moon smiles*), *Amor sem ciúme* (*Love without jealousy*), *Ser fadista como eu* (*A fado singer like me*) or the declaration of love to the sea in *Sagres*, the lyrics are provided by Zabel Moita. The famous ceramicist was friends with Amália Rodrigues and dedicated a poem to the queen of fado which was not put to music before her death in 1999. The African-Brazilian composer, singer, instrumentalist and actor Marcelo Penna, who shares his time between Portugal and Germany, provided the lyrics for *Alforria* (*Release*) and *O que seria da canção* (*What would become of this song?*). The singer Patricia Cruz, who was born in Rio de Janeiro and now lives in Germany, provided the text for *Entoda da vida* (*The rhythm of life*).

**Alforria** is a multi-faceted, soulful homage to Portugal and the Portuguese language.



### Anabela Ribeiro – Vocals

Born in Werl, Westphalia, singing, guitar and dance lessons, 1986-93 member of the Portuguese folk group “Ritmo Popular” (vocals + ukulele), then the pop-rock cover band “Os Conquistadores”, won the 1998 1Live “Girly-Gruppe” talent competition. Member of the R'n'B group “Evidence”. Six weeks at number one in the Venezuelan charts with the Latino dance-pop duo “Mozquito”. TV appearances throughout Europe. Third place in the fado competition in Frankfurt am Main in the year 2000. Following this, she sang fado in various groups. In 2005, she founded the fado ensemble Sina Nossa with her brother Armindo Ribeiro, her husband Jorge Rodrigues and some other friends.

### Armindo Ribeiro – Vocals, Piano

Born in S. Pedro de Rates, Portugal, and a German resident since the age of 10, showed an early interest in everything with keys; organ, piano and accordion lessons. First experience on the church organ then founded “Ritmo Popular” with Anabela and accompanied her on projects including “Os Conquistadores” (pop-rock cover) and “Just a Moment” (jazz lounge). Since his student years in Saarbrücken he has sung and played keyboards, piano and accordion in numerous bands with different styles including rock, pop, electro, Latin and jazz. Since 2005, he has focussed his musical talents on Sina Nossa.



### Jorge Rodrigues – Vocals, Percussion

Born in Moimenta da Beira, Portugal, six years of trumpet, accordion and keyboard lessons and many years as the accordionist with the “Rancho Folclórico de Unna” dance group and with “Ritmo Popular”. Discovered an early interest in all forms of percussion, taught himself to play the drums and founded the band “Os Conquistadores”. From 1994-98, he enjoyed chart success as a singer/rapper with the German rap duet “Double Impact” with numerous appearances on MTV and VIVA and toured in Germany, Switzerland and Austria. Singer with “Atlanticos Band” from 2003-05. With Sina Nossa since 2005.

### Ivo Guedes – Portuguese guitar

Born in Porto, Portugal, he spent his childhood on the Atlantic coast in Alentejo. When he was 11, his family moved to Germany. Discovered a love for music and his passion for fado at an early age. He is now one of the most renowned fado guitarists outside Portugal. From 2008 to 2010, performed with the “Fado-Schicksal” (fado fate) theatre play in Gera and Altenburg. In addition to regular band projects as a bassist, he has also worked with Telmo Pires, Ana Lains and Filipa Sousa throughout Europe as a much sought-after Portuguese guitar virtuoso. With Sina Nossa since 2005.



### Andre Krengel – Guitar

Born and bred in Bonn, he began playing the guitar aged 15, lessons with Gregor Salz who now plays with him in his “Acoustic Embassy” ensemble. An occasional music teacher, he then toured Florida and Alabama with the American band “The Ophans”. Lives as a musician in Miami and Barcelona, plays music with Spanish Sinti such as Diego Cortes and leads the Daniel-Lopes-Band. Since 2006 worked in Dusseldorf as a band leader, composer and live/studio guitarist, internationally renowned, worked with musicians such as Domingo Patricio, Rod Stewart, Mike Stern and Deidra Jones. With Sina Nossa since 2005.

### Adélio Lopes – Accordion

Born in Leiria, Portugal, 13 years of accordion and piano lessons in Portugal and Germany. From 1988-1995 was one half of the famous Portuguese migrant duo “Ana & Adélio”. Accordionist with the Portuguese folk group “Rancho Fólclórico Etnográfico de Solingen” since 1995. With Sina Nossa since 2005.



### André De Cayres – Double bass

Born in Sao Paulo, Brazil, worked from the age of 17 as a professional musician, moved to Germany 15 years ago to study electric bass, graduated from the conservatoire in Cologne. Highly active on the Latin and world music scene, played with Kamal Ben Hitchan, Terence N'Gassa, Alex Gunia, Tony Lakatos, Kim Bart, Paulo Morello among others, as well as Simoninha and Max De Castro from Brazil. Masters in double bass at the Folkwang academy under John Goldsby. With Sina Nossa since 2007.